

# Wellness Café

Connect on campus and take  
a break from the stress!

What is a Wellness Café?  
A safe, social, inclusive  
and comfortable space

Where?  
Lernoullianum Café  
Petersgraben 45

Who is it for?  
Everybody is welcome!

When?  
5th of December  
12:30 - 14:00



Biscuits, coffee and tea are on us!

What do I have to do?  
Nothing, just show up!



Who is organizing this?  
We are Compass-Mind, an association  
that aims to promote wellbeing and to  
raise awareness on neurodiversity and  
mental health in academia

COMPASS



MIND

With the support  
of skuba and avuba

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