## Wellness Café

Connect on campus and take a break from the stress!

What is a Wellness Café? A safe, social, inclusive and comfortable space

Where? Lernoullianum Café Petersgraben 45

Who is it for? Everybody is welcome!



When? **Every first Thursday** of the month 12:30 - 14:00

Biscuits, coffee and tea are on us!

What do I have to do? Nothing, just show up!



Who is organizing this?

We are Compass-Mind, an association that aims to promote wellbeing and to raise awareness on neurodiversity and mental health in academia







